

You can help be part of the solution.

Thank you for considering to help advance the way we care for pain. A small incentive will be provided to participants after each outcome assessment (potential total of \$80):

- All baseline surveys: \$15
- All daily evaluation surveys for the first week: \$15
- 1 week survey: \$10
- All 1 month surveys: \$15
- All 3 month surveys: \$10
- All 6 month surveys: \$15

For more information:

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JOIN THE CARES STUDY



CARES  is a study designed to advance treatment of acute pain after discharge from surgery. It will compare and identify the most effective practices in use to alleviate the burden of acute pain on patients, their families, and society at large.



ENRICH THE RESEARCH OF PAIN

What is our goal?

To answer the question of what is the best medication to treat pain after discharge from surgery that reduces pain and minimizes side effects.



HELP ADVANCE PAIN CARE

Who can participate?

- 18 years or older
- Undergo one of 3 surgical procedures:
 1. Gallbladder removal (Laparoscopic Cholecystectomy)
 2. Inguinal Hernia Repair
 3. Breast Lumpectomy
- No significant pain medication use before surgery.
- Able to take acetaminophen, NSAIDs, or opioids after surgery.



BE PART OF THE SOLUTION



What happens when you participate?

- You will be randomized on the day of surgery to be prescribed 1 of 2 pain medications regimen to take after you are discharged.
 1. Non-steroidal anti-inflammatory drugs (NSAID) plus acetaminophen

OR

 2. Low dose opioid medications plus acetaminophen
- Otherwise receive usual care before, during and after surgery.
- As part of the study, you will complete surveys before surgery, daily during the first week after surgery, and at months 1, 3, and 6.