

You can help be part of the solution.

Thank you for considering to help advance the way we care for pain. A small incentive, provided in the form of a reloadable gift card, will be provided to participants after each outcome assessment.




For more information:

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JOIN THE CARES STUDY



CARES  is a study designed to advance treatment of acute pain after discharge from surgery. It will compare and identify the most effective practices in use to alleviate the burden of acute pain on patients, their families, and society at large.



ENRICH THE RESEARCH OF PAIN

What is our goal?

To answer the question of what is the best medication to treat pain after discharge from surgery that reduces pain and minimizes side effects.



HELP ADVANCE PAIN CARE

Who can participate?

- 18 years or older
- Undergo one of 3 surgical procedures:
 1. Gallbladder removal (Laparoscopic Cholecystectomy)
 2. Inguinal Hernia Repair
 3. Breast Lumpectomy
- No significant pain medication use before surgery.
- Able to take acetaminophen, NSAIDs, or opioids after surgery.



BE PART OF THE SOLUTION



What happens when you participate?

- You will be randomized on the day of surgery to be prescribed 1 of 2 pain medications regimen to take after you are discharged.
 1. Non-steroidal anti-inflammatory drugs (NSAID) plus acetaminophen

OR

 2. Low dose opioid medications plus acetaminophen
- Otherwise receive usual care before, during and after surgery.
- You will fill out surveys before your surgery and after you are discharged from surgery. Before surgery the surveys should take 20-30 minutes to complete. We will ask you to fill out a daily survey for the first week that is expected to take less than 5 minutes each day. After that, we will ask you to complete surveys less often - at least three times over the next 6 months. Each survey should take about 15 minutes.